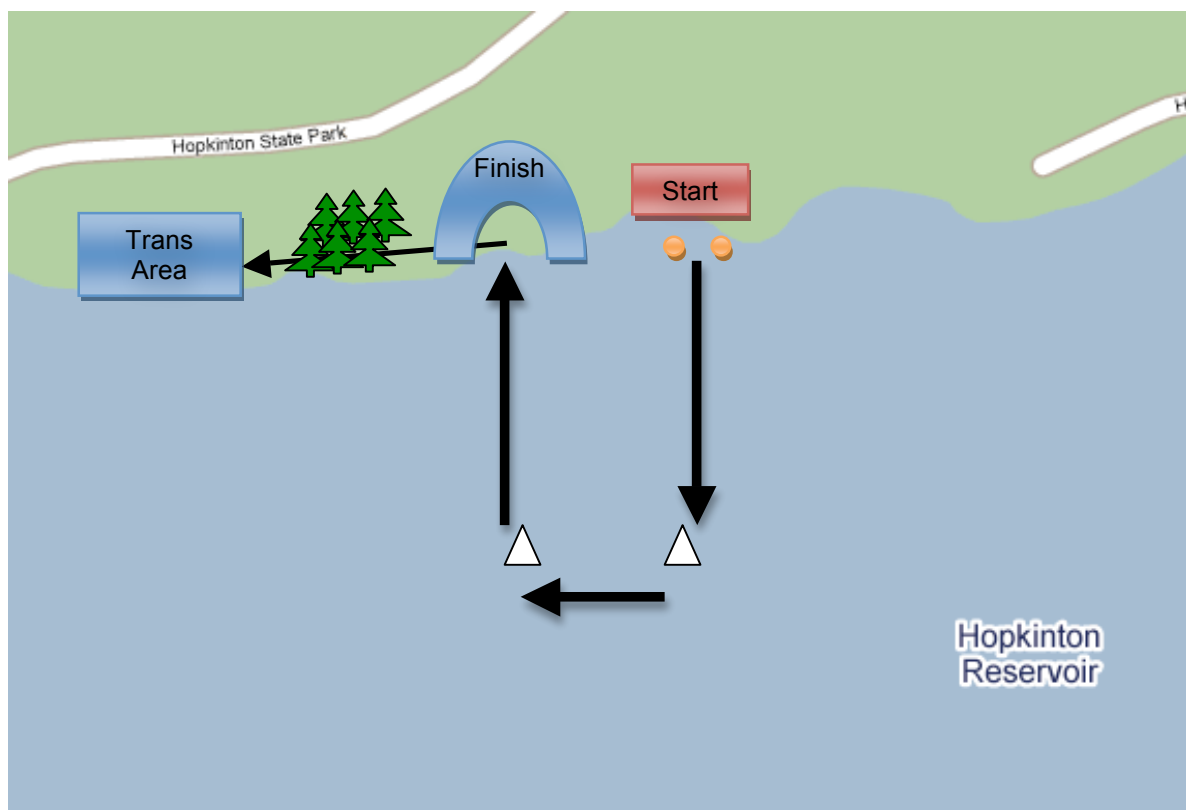


Title 9 Triathlon

Swim Course Hopkinton State Park



Swim Course

- The swim course begins and ends on the Upper Beach of Hopkinton State Park. You will start the swim on the far side of the beach and Finish under Max Performance's Huge Arch (*what a rush!*).
- Swimmers will be cued up by wave (cap color).
- Each wave will begin in the water, starting between the Orange Start Buoys.
- The swim is 1/4 of a mile in a clockwise direction.
- Keep all buoys on your RIGHT.
- After completing the swim, you will run under the finish arch and follow the tree lined path back into the Transition Area.