

Title 9 Triathlon

Run Course Hopkinton State Park



Begin at Reservoir Parking Lot (Transition Area)

Direction	Cue
R	Out of Transition-Park Road (Up hill)
R	Park Road
R	Park Road
Turnaround	Mile 1.1
R	Park Road
R	Parking Lot <i>Onto Grass -Beach Ahead</i>
R	Park Road
R	Out of Park onto Howe Street
R	Re-enter Park toward Foot Bridge
Across	Foot Bridge
L	At end of Foot Bridge
Across	Beach
Finish	Next to Transition Area

Run Course

The run course is relatively flat with a short hill coming out of the Transition area. There is one turnaround point located at Mile 1.1. Follow the contour of the Parking Lot as you reach lower beach (Mile 2). Restroom is located on Right side near beach. Aid stations will be located along the run course.

For topography and detailed views, please visit:

<http://www.mapmyrun.com/run/usa/ma/hopkinton/493323252563>